

Carbon Footprint Activity Sheet

Question 1: How do you get to school?

- A car
- Walking or other active travel
- A bus

Question 2: How often do you use air travel?

- Once a year or less
- 2-3 times a year
- 4 or more times a year

Question 3: How often during the week do you eat meat?

- Everyday
- On 3-6 days a week
- On less than 3 days a week

More questions on the next page....

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Question 4: How do you wash majority of the time?

Shower

Bath

Both

Question 5: Do you have/use recycling at home?

Yes, always

No

Yes, we sometimes use it

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Points:

- Question 1: A – 3 points, B – 1 point, C – 2 points
- Question 2: A – 1 points, B – 2 points, C – 3 point
- Question 3: A – 1 points, B – 2 points, C – 3 point
- Question 4: A – 1 point, B – 3 points, C – 2 points
- Question 5: A – 1 point, B – 3 points, C – 2 points

What does it mean?

15 – 12 points – High

11 – 8 points – Medium

7 – 5 points – Low

There are lots of other things that can contribute to your carbon footprint. For example, using aeroplanes to travel on holiday, buying animal products, having a gas boiler, having an air conditioning unit, leaving lights on in the house etc. Can you think of anything else?

Make a list of the things that you do that contribute to your carbon footprint.

On your foot outline, list the things that you do that contribute to your carbon footprint. If you do it often colour it in red (For example, if you rarely or never take a reusable bag with you when you shop), if you do it less often colour it in orange (For example, if take a reusable bag with you most times), if you rarely do it then colour it in green (For example, if you take a reusable bag with you every time you shop).